



August 23, 2011

Dear Elementary Parents/Guardians:

As the start of the school year is upon us, we want to extend a warm welcome and let you know that **Chartwells School Dining Services** has exciting plans for the 2011-12 school meal program. Our mission is to serve nutritious, well-balanced meals that appeal to students and the school community. Here is some general information about the 2011-2012 program. Please feel free to contact us with any questions you may have.

**Meal Pricing:**

You have the option to register your child on MYNUTRIKIDS.COM that can be accessed by going to the district web-site @ pgsd.org. The site will allow you to monitor your child’s account. This is a free service unless you decide to make deposits using your credit card, and then the transaction fee is \$1.75. To avoid the transaction fee you may simply send in a check with your student, payable to “Pottsgrove School District Cafeteria Fund”. The cashier will also accept cash at the register. Please put the money or check into an envelope with their name and pin number written on the front of the envelope as well as in the memo of the check. The cost of “paid” lunches per week is \$12.00 the “reduced” lunches will be \$2.00 per week.

	Breakfast	Lunch
Paid	\$1.30	\$2.40
<b>Reduced</b>	<b>\$ .30</b>	<b>\$ .40</b>
Adult	\$1.65	\$4.00

The breakfast consists of a main entrée, fruit & milk. Included in lunch is the meat/meat alternate, bread, vegetable, fresh fruit or canned and milk. To meet the dietary guidelines the student must choose 3 of the five choices that are offered. The varieties of 8 oz. cartons of milk will be 1% white, skim and fruit flavored skim at the cost of 50¢.

**Menus:**

- Chartwells continuously works to improve the quality and nutrition standards of the foods we serve. This year we are happy to bring the following changes to the program: **Simply Good which will be traditional home cooking**. In addition, we are always working with administrators, students, and you to gain insight on how we can enhance our services. To access your school menus, you may go to the district web-site at [www.pgsd.org](http://www.pgsd.org) scroll down to lunch menus and select the grade level you wish to view.

**Balanced Choices:**

Chartwells #1 priority is to serve safe and nutritious meals to students. With this in mind, we have developed **Balanced Choices®**, our signature comprehensive wellness program that identifies healthier meals, snacks and beverages so students can make smart choices. These are identified with Balanced Choices logos and signage on menus and at points of service throughout the cafeterias.

**Elementary Meal Programs:**

For elementary students, we provide fun and exciting nutrition education opportunities with the help of Theodore Eat, Sydney Learn and Ava Live – the Chartwells nutrition characters who encourage students to eat healthy and be physically active. Watch for them on menus and signs throughout the cafeterias - they are our nutrition ambassadors! Be sure to check menus for special promotions, giveaways and nutrition information.

**Other Information:**

To learn more about Chartwells, visit our website at [www.eatlearnlive.com](http://www.eatlearnlive.com). We’re excited to partner with Pottsgrove School District to provide a great program and engage in the Pottstown community.

Please feel free to contact me at any time at [chontz@pgsd.org](mailto:chontz@pgsd.org) or (610) 326-8243 option#5.

Sincerely,  
 Cynthia L. Hontz  
 Director of School Dining Services