

# Pottsgrove High School Menu February 2012



**\$2.80 student \$4.00 adult**  
Offered with hot veggie,  
fruit & milk  
**Baja Flats \$3.05 student**

## Specialty Soups Available This Month

**FEB 1<sup>ST</sup> - 3<sup>RD</sup>**

WED BEEFARONI   
THU BBQ CHICKEN ON A BUN  
FRI CHICKEN ENCHILADA

**FEB 6<sup>TH</sup> - 10<sup>TH</sup>**

MON BBQ RIB SANDWICH  
TUE BAJA FLATS - "Fill 'em up Flatbreads"  
WED TACOS  
THU BAKED POTATO W/BROCCOLI & CHEESE  
FRI MEATBALL SUB

**FEB 13<sup>TH</sup> - 17<sup>TH</sup>**

MON MACHO NACHOS   
TUE BAJA FLATS - "Texas Toast"  
WED BAJA FLATS - "Brunch for Lunch"  
THU PASTA W/MEATSAUCE   
FRI SWEET & SOUR POPCORN CHICKEN

**FEB 20<sup>TH</sup> - 24<sup>TH</sup>**

MON NO SCHOOL  
TUE BAJA FLATS - "Up on the Boardwalk"  
WED CHICKEN PARMESAN W/PASTA   
THU SLOPPY JOE   
FRI HAMBO

**FEB 27<sup>TH</sup> - 29<sup>TH</sup>**

MON CHICKEN BURRITO  
TUE BAJA FLATS - "Build a Better Burger"  
WED BBQ PORK SANDWICH

### BALANCED CHOICES™ entrees & specials

Contain no more than 30% calories from fat and no more than 10% calories from saturated fat, along with 1% white milk



### Crisp and Fresh Entrée Salad

An assortment of Garden Veggies, Meats, Cheeses and Toppings. Offered with Crackers and Rolls

\$3.05 Student \$4.00 Adult



Cheese & Pepperoni  
Pizza Featured Daily

Toasted Sandwiches and Grilled Panini Sandwiches available at our



STATION



### AVAILABLE DAILY

A wide assortment of Deli Sandwiches Offered with a vegetable, fruit and milk

### SANDWICH CENTRAL SPECIALS

#### MONDAYS

Chicken Salad Wrap

#### TUESDAYS

Chicken Caesar Wrap

#### WEDNESDAYS

Turkey Bacon Bagel

#### THURSDAYS

Chicken Salad Wrap

#### FRIDAYS

Chicken Ranchero Wrap

### SANDWICH CENTRAL SPECIALS

\$3.05 student \$4.00 adult  
Offered with a vegetable, fruit and milk

## Annex

**MONDAYS  
WEDNESDAYS  
FRIDAYS**

Pasta Bar with Salad & Breadstick  
\$3.05 Student \$4.00 Adult

**TUESDAYS  
THURSDAYS**

Pizza, Stromboli,  
Pepperoni Stix and Cheese Bread Stix

## THE FRESH GRILLE

### AVAILABLE DAILY

Cheeseburgers, Hot Dogs, Cheese Steaks, Chicken Patty Sandwiches  
**\$2.80 student \$4.00 adult**  
Offered with a vegetable, fruit and milk

### FRESH GRILLE SPECIALS

#### MONDAYS

Honey Mustard Chicken Wrap

#### TUESDAYS

Chicken Parmesan Wrap

#### WEDNESDAYS

Barbecued Chicken Wrap

#### THURSDAYS

Spicy Chicken Wrap

#### FRIDAYS

Tuna Bagel Melt

### FRESH GRILLE SPECIALS

\$3.05 student \$4.00 adult  
Offered with a vegetable, fruit and milk