

Pottsgrove Middle School Menu February 2012



\$2.65 student \$4.00 adult
Offered with hot veggie,
fruit & milk
Baja Flats \$3.05 student

Specialty Soups Available This Month

FEB 1ST - 3RD

WED BEEFARONI
THU BBQ CHICKEN ON A BUN
FRI CHICKEN ENCHILADA

FEB 6TH - 10TH

MON BBQ RIB SANDWICH
TUE BAJA FLATS - "Fill 'em up Flatbreads"
WED TACOS
THU BAKED POTATO W/BROCCOLI & CHEESE
FRI MEATBALL SUB

FEB 13TH - 17TH

MON MACHO NACHOS
TUE BAJA FLATS - "Texas Toast"
WED BAJA FLATS - "Brunch for Lunch"
THU PASTA W/MEATSAUCE
FRI SWEET & SOUR POPCORN CHICKEN

FEB 20TH - 24TH

MON NO SCHOOL
TUE BAJA FLATS - "Up on the Boardwalk"
WED CHICKEN PARMESAN W/PASTA
THU SLOPPY JOE
FRI HAMBO

FEB 27TH - 29TH

MON CHICKEN BURRITO
TUE BAJA FLATS - "Build a Better Burger"
WED BBQ PORK SANDWICH

BALANCED CHOICES™ entrees & specials

Contain no more than 30% calories from fat and no more than 10% calories from saturated fat, along with 1% white milk



Crisp and Fresh Entrée Salad

An assortment of
Garden Veggies, Meats,
Cheeses and Toppings.
Offered with Crackers
and Rolls

\$2.65 Student \$4.00 Adult



Cheese Pizza Featured Daily

ALSO AVAILABLE
French Fries
Chicken Strips-of-Fire
Chicken Tenders
Mozzarella Sticks

Menu Subject to Change



Breakfast Choices:

Daily Entrée or
Hot or Cold Cereal Assortment
with Graham Crackers or
Bagel with Cream Cheese
Offered with:
Juice, Canned or Fresh Fruit and Milk
\$1.30 Student \$1.70 Adult



Deli Bar Sandwiches are made to
order from a wide selection
of deli meats, cheeses and
garden-fresh veggies
\$2.65 student \$4.00 adult

SANDWICH CENTRAL SPECIALS

MONDAYS

Chicken Caesar Wrap

TUESDAYS

Turkey Club Bagel

WEDNESDAYS

Chicken Caesar Wrap

THURSDAYS

Turkey Club Bagel

FRIDAYS

Tuna Salad Wrap

SANDWICH CENTRAL SPECIALS

\$3.05 student \$4.00 adult
Offered with a vegetable, fruit and milk

THE FRESH GRILLE

AVAILABLE DAILY

Cheeseburgers, Hot Dogs, Cheese
Steaks, Chicken Patty Sandwiches
\$2.65 student \$4.00 adult
Offered with a vegetable, fruit and milk

FRESH GRILLE SPECIALS

MONDAYS

Barbecued Pork Wrap

TUESDAYS

Chicken Parmesan Wrap

WEDNESDAYS

Barbecued Chicken Wrap

THURSDAYS

Spicy Chicken Wrap

FRIDAYS

Chicken Fajita Wrap

FRESH GRILLE SPECIALS

\$3.05 student \$4.00 adult
Offered with a vegetable, fruit and milk