

# 7TH GRADE CURRICULUM

## **UNIT 1. ALCOHOL**

- What is it?
- U.S. and World History
- Alcohol & our bodies
- Short & Long term effects
- Blood Alcohol Content (BAC)
- Types, proofs & uses
- Tolerance & Dependence
- Alcoholism
- Theories of Alcoholism
- Stages of Alcoholism
- Effects of Alcoholism on family

## **UNIT 2. HIV/AIDS**

- What is it?
- History
- HIV/AIDS & the body
- Effects on the Immune system
- How HIV is transmitted (how do I get it?)
- Prevention
- Treatment
- Responsibilities
- Valid Health resources

## **UNIT 3. VIOLENCE & INJURY PREVENTION**

- Making safe decisions
- Safety rules to prevent common injuries
- Resisting dares
- Causes of violence
- Bullying & Hazing