

GUIDELINES FOR MANAGING STUDENTS WITH SEVERE ALLERGIES

Family's Responsibility

Notify the school of your child's allergy.

Work with school personnel to develop a plan that accommodates the child's needs throughout the school including the classroom, cafeteria, school-sponsored activities, field trips, and the on the school bus.

Provide written medical documentation of the following: Diagnosis and physicians order for required medications. Request [an Allergy Action Plan](#) from your child's doctor.

Provide properly labeled medications in the original package.

Replace medications after use or upon expiration.

Educate your child in the self-management of his/her allergy:

Signs and symptoms of allergic reactions

How and when to notify an adult when they are having an allergic reaction

For Food Allergies:

Safe and unsafe food items

Avoiding exposure to unsafe foods

How to read and understand food labels

Review procedures with school personnel, your child's physician, and your child in the event that a reaction occurs.

Provide the school with emergency contact information. Update as needed.

Student's Responsibility

Should be able to recognize [and promptly report](#) signs and symptoms of a reaction.

Should always wear their medical alert ID.

For Food Allergies:

Should not share or trade food, utensils, or beverage containers with others.

Should not eat food items with unknown ingredients or foods known to contain allergens.

Should be knowledgeable in the prevention and management of their food allergies.

Should notify an adult immediately if they eat something containing an allergen, or if they are experiencing any signs or symptoms of an allergic reaction.

Should always wash their hands with soap and water before and after eating.

Parent Signature _____ Date _____

Student Signature _____ Date _____