

**POTTSGROVE HEALTH SERVICES**

**ALLERGY UPDATE / EMERGENCY ACTION PLAN**

Name \_\_\_\_\_ DOB \_\_\_\_\_ GR/HR \_\_\_\_\_

School: \_\_\_\_\_

KNOWN ALLERGIES: \_\_\_\_\_

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**COMMON SIGNS OF AN ALLERGIC REACTION**

(This is not an exclusive list of symptoms). **CIRCLE ALL** that **APPLY** to your child.

**MOUTH** Itching, tingling, swelling of the lips, tongue, or mouth

**THROAT** Itching and/or a sense of tightness in the throat, hoarseness, hacking cough

**SKIN** Hives, itchy rash, swelling about the face or extremities

**GI** Nausea, vomiting, abdominal cramps, diarrhea

**LUNGS** Shortness of breath, repetitive coughing, wheezing

**HEART** "Thready" pulse, dizziness or fainting

**What** will your child say to describe his/her symptoms during a reaction?

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**HISTORY:** Is your child undergoing allergy shots?  Yes  No

Does your child have a history of a delayed reaction?  Yes  No

Date of last reaction that required medication: \_\_\_\_\_

**PARENTS: Please instruct your child to tell an adult and the school nurse if they experience signs/symptoms of a severe allergic reaction while at school or on a field trip.**

**\*\*\*SCHOOL EMERGENCY PLAN: IF INGESTION/EXPOSURE IS SUSPECTED**

**AND/OR SYMPTOMS ARE PRESENT ACT QUICKLY!**

**1. ADMINISTER MEDICATION/TREATMENT** as per physician order

\*Name & Dose of Medication: \_\_\_\_\_

\*Name & Dose of Medication: \_\_\_\_\_

**2. CALL 911 & SCHOOL NURSE** \_\_\_\_\_

**3. CONTACT PARENT/GUARDIAN/DESIGNEE**

Parent/Guardian Emergency Contact: \_\_\_\_\_

Telephone (h): \_\_\_\_\_ (w): \_\_\_\_\_ (cell): \_\_\_\_\_

Parent/Guardian Emergency Contact: \_\_\_\_\_

Telephone (h): \_\_\_\_\_ (w) \_\_\_\_\_ (cell): \_\_\_\_\_

Emergency Contact (if Parent/Guardian not available)/Relationship/Telephone Number:

Healthcare Provider/Telephone: \_\_\_\_\_

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Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

School Nurse Signature \_\_\_\_\_ Date \_\_\_\_\_

